

Natural Healing Express Weekly

Column 382 Closure

It seems as if the last two weeks many cycles of completion have been happening. I have been travelling and conducting our Build a Natural Medicine Kit seminars throughout the Midwest. Last week, we found ourselves in the amazing little town called Newaygo, Michigan. For those of you knowledgeable about this fantastic little jewel in Michigan, you will know it is like a combination of Galena and Lena. It has funky shops, an art gallery owned by my friend Gabe and many other fun shops like a knitting store. It also has active nature trails and canoe/kayak rental as it sits on the Muskegon River.

We had the sheer delight of staying in the Newaygo Bed and Breakfast, meeting Miss Margo and Larry the caretakers. All this, and the population is approximately 2,000. Isn't that amazing?

So, about that closure. Many years ago, in what I now call my "former life", I was a partner in a record label with Toby Keith's long time bass player, Chuckie Goff, Jr. Chuckie was a rare individual and if I recall correctly, I wrote an article on him and his wayward and hilariously successful life. This occurred approximately one month after his passing. You may recognize his songs as the co-writer on Toby's first hit, "Should Have Been a Cowboy, Upstairs Downtown and You Ain't Much Fun Since I Quit Drinking".

Now that you have the background, let me connect the dots. Gabe, my aforementioned friend and the owner of the Newaygo Art Gallery, was living in Nashville and pursuing the dream of becoming a successful singer songwriter. Gabe just needed a little extra "push" to move to the next level. To make a long, long story much shorter, that is the exact moment in time when our record label picked him to be our next superstar.

However, as these things sometimes turn out, it was not meant to be. Gabe at the time had a wife and two young children. We promoted and he toured and just when things were looking to become quite successful, Gabe was asked to make a choice. In my personal opinion, which I shared with him this past weekend, he was correct in putting family first. However, until this past weekend, he had never had an

opportunity to gain closure over his decision as one of the owners was now deceased, one was still and little bit angry and as for me, I am a fairly forgiving person who had long ago chalked this up to being a “learning experience”. After a couple of “pickle shots’ and a heart to heart chat, Gabe, after all these years, felt amazing closure. Sometimes God works in mysterious ways. So, with this article, if you have negative feelings between you and someone else, don’t assume you know their emotions if you haven’t connected lately. You may be holding on to something that is long forgiven and only torturing yourself. And, if you were wronged in the past, please share forgiveness and move on. There is a big world out there waiting.

Here’s an even more hilarious twist to this story. Gabe has written a song that “feels like Chuckie is coming through” which is entitled “Pretty Girls Will Be the Death of Me”...If you have Facebook, look under Studio 37 or Gabe Schillman. It’s so great and upbeat. And, I forgot to mention, Gabe is also an extremely talented painter. This is his painting of Chuckie, which I purchased with the intention of gifting it to his former best friend, The Big Dog, Toby, at a future show this summer.

Dr. Susan is available on Wednesdays and Saturdays and by appointment!

Enjoy! Hope to see you soon and as always, please contact us via one of the following methods. Natural Healing Express: Phone 815 990 8732 or 317 409 1500 email: skscham@aol.com Address -204 W Main St, Lena, IL 61048. Website: www.naturalhealingexpress.com Facebook: Natural Healing Express