

Natural Healing Express Weekly

Column 288 Team One Cure

Every once in a while, my life takes interesting turns. And these last two weeks have been no exception. Many of you know that I have spent a lot of time in motorsports, 21 years to be exact. I have learned a lot and I do prefer to be on healing side of racing versus the cut throat competitive side. When I “retired” from actively competing in motorsports to pursue my doctorate, I did so with many great memories and several amazing friendships.

One of these friendships has continued and flourished into a best friend. Throughout our history, I have watched my friend lose his wife of 30 years to cancer. Crappy, stupid, horrible cancer. And, as most of you know, I lost a dear friend in Lena, Miss Rita, to this devastating disease as well. I write about it often. As fate would have it, when my friend and I decided it was time to move ahead and have some joy and happiness in our lives, we talked about how much fun we had in racing. We chatted a bit and found out there was ONE suite left at Indianapolis Motor Speedway that needed occupants. As we signed our contract, I looked at him and said, you know this is a gateway drug to racing. He just laughed. Well, less than 48 hours later, I received a call from another old friend saying they needed me. Of course I thought it was related to something regarding health and healing, but nope, they needed “an old pro” stress the old, to help raise sponsorship for their entry into the 2017 Indy 500.

I have always said it will take a very special cause or an equally amazing person to pull me out of “racing retirement”. Turns out this time, it is both.

My friend Pam, who happens to be the mother of a certain championship winning NASCAR driver, asked me to join forces with them at Team One Cure. So I agreed to research the cause. Team One Cure is a collaborative effort between the Tony Stewart Foundation and the Colorado State (flint) Research/Treatment facility for Comparative Oncology. Colorado State has had very good success in working with alternative treatments for cancer. This struck a nerve. They started by

working with Dogs and equine and have moved into successful cures for humans. Their researching is NOT laboratory – every single animal or patient has had cancer and has been turned out by the medical field or veterinarian. They have calmly and quietly been working on protocols that actually get things done instead of burning, cutting or poisoning. After much thought, I agreed to join forces. It is our goal, through motorsports, to raise awareness and bring about research dollars to DIRECTLY benefit the humans and animals associated with this program. On Memorial Day weekend, you can watch the 101st Running of the Indianapolis 500 and you will see car #77, driven by Jay Howard under the Schmidt/Peterson Entry. On that beautiful blue and white machine, you will see the rear wing covered with faces of those lost to this putrid disease. On that wing, are photos of my two departed friends. On the rest of the car, you will see many sponsors who are stepping up and helping us fight this fight. If you care to learn more or join us, please look up www.teamonecure.org.. If you have trouble, you are welcome to email me personally at the email listed below. If you are corporate sponsor with interest in supporting this cause, please note that your donation is fully tax deductible and will go a long way in helping to cure this disease. Thank you all for your support. I am very much hoping we can continue to make a difference in the lives of those receiving the terrible news of a cancer diagnosis. It is my goal for folks to become knowledgeable and understand that comparative oncology is a choice! Now, let's drop that green flag and get racing!!

Lots of wonderful things happening at Natural Healing Express! And the Silver Fox café is the place to be! Come try some healthy gourmet food – delicious and fast! We are now open Tuesday, Thursday and Friday 6:30am – 2:00pm, Wednesday 6:30am-7:00pm and Saturdays 8:00am- 1:00pm.

Dr. Susan is available on Wednesdays and Saturdays and by appointment!

Enjoy! Hope to see you soon and as always, please contact us via one of the following methods. Natural Healing Express: Phone 815 990 8732, email: skscham@aol.com 204 W Main St, Lena, IL 61048.

Website: www.naturalhealingexpress.com Facebook: Natural Healing Express